



GENEVA SAILING SCHOOL

KIDS' CLASS

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Sailing with your students

Live and discover the passion of sailing in a playful and reassuring environment.

Introduce your students to Lake Geneva and its environment during an introductory sailing trip.

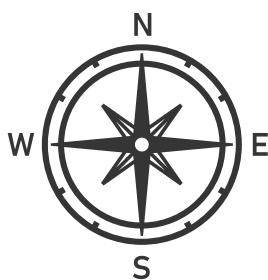
A great adventure to discover Geneva from a new perspective

Future sailors will learn as a crew to recognize the winds, adjust the sails and operate a sailboat in a safe environment.

The crew will discover the basics of sailing, recognize different winds, learn to hoist the sails, take the helm, but also live together, pay attention to others and to pay attention to others and the surrounding.

Our certified instructors strive to share their passion for sailing with the youngest crews.

Our sailing practice includes respect for others, the environment and the preservation of the lake.



Teaching content :

We have set up an educational program for school classes based on practical skills, interpersonal skills and theoretical knowledge. We integrate information on Lake Geneva, recognition of its flora and fauna, and respect for the lake system into our sailing lessons, so as to give children a global understanding of sailing and a greater respect for the environment.

Safety :

Our team of certified instructors is dedicated to passing on their passion for sailing, in complete safety, and in keeping with the values that characterize our school: respect, equality and sustainability.

No prior knowledge of sailing is required, nor is the ability to swim, as life jackets must be worn on board.

Our fleet is made up of safe boats suitable for children of all ages.

Logistics :

We are based at the Port des Pâquis, Quai du Mont-Blanc 14 - Geneva.

If the weather does not permit sailing, courses are maintained and other activities around navigation and Lake Geneva are organized.

Rates

Price per boat

100.- / hour

6 children under 12 years old

or 5 children if an adult wishes to come on board

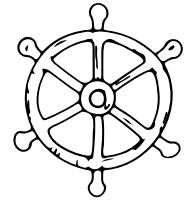


PROGRAMM INTRODUCTION

Our sailing practice includes respect for others, the environment and the preservation of the lake.

Navigation - Skills

- Prepare the boat independently
- Assist with port departure and arrival maneuvers
- Hoist and lower sails
- Know 3 knots (8, chair, and capstan or turn two half-keys or cleat)
- Understand wind speeds (upwind, downwind)
- Know how to trim sails for each point of sail
- Know the steps involved in tacking and gybing maneuvers
- Be able to assume any role during these maneuvers
- Be able to hold a course



Collaborations skills

- Sharing tasks and alternating from one week to the next
- Look after your own safety and that of others
- Work together to complete tasks (hoisting, maneuvering)
- Listen to and follow the instructions of the person at the helm
- Communicate intentions and actions clearly
- Gain self-confidence on the boat and at the helm

Environment

- Learn about the lake's key figures
- Identify the surrounding mountains
- Identify the lake's 2 main winds: bise and vent
- Discover the flora and fauna using the ASL identification cards
- Understand sun protection with the League's true/false quiz

Safety and regulations

- Put on your lifejacket and check someone else's
- Move around the boat safely
- Pay attention to the boom at all times
- Understand the importance of keeping a constant lookout
- Know the rules of priority in relation to other boats in general.



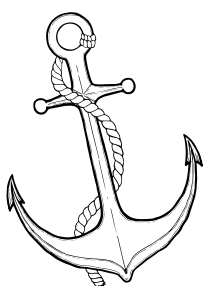
PROGRAMM

Our sailing practice includes respect for others, the environment and the preservation of the lake.

Advanced

Navigation - Skills

- Understand the impact of conditions on port maneuvers
- Choose sails according to conditions
- Master 5 knots (8, chairs, 2 fenders, cleat or square knot)
- Adapt sails independently during course changes
- Be able to hold a course at all points of sail
- Trim sails independently
- Understand and master cape setting
- Understand the purpose of reefing and the steps involved
- Retrieve an object from the water under sail (MOB maneuver)



Collaborations skills

- Communicate effectively with crew
- Know when to take the decision to maneuver
- Anticipate risks and make appropriate safety decisions
- Understand what other crew members are doing on the boat
- Adapt navigation choices to lake users and crew

Safety and regulations

- Know the rules of priority in relation to other sailing boats
- Understand the role of lifeguards on the lake
- How to react in difficult weather conditions
- Know what to do if I fall overboard
- Know what to do if another crew member falls overboard

Environment

- Understanding the development of the shores of Lake Geneva and protected areas
- The impact of endemic species such as the zebra mussel
- The impact of warming lake waters
- Water level regulation with the Seujet dam
- The importance of the lake to the city of Geneva (electricity and drinking water)
- Fauna and flora: the most visible species are identified and known.



